

# GLUTEN FREE

## The Plough on the Hill Menu

### Starters

<b>SELECTION OF BREADS</b> , mixed olives, balsamic & hummus	£5
<b>SOUP OF THE DAY</b> with homemade bread	£5
<b>WILD MUSHROOM SPINACH &amp; BRIE</b> in creamy white wine sauce on a toasted brioche	£6
<b>SHREDDED WHOLE DUCK</b> with stir fry vegetables, rice noodles and Teriyaki sauce	£7
<b>SMOKED HADDOCK &amp; SALMON FISHCAKE</b> with hollandaise sauce	£7
<b>BAKED CAMEMBERT</b> with zesty lemon, thyme, honey with warm breads	£6

### Mains

<b>TRIO OF LAMB</b> , slow cooked shoulder, liver, rack of lamb served with dauphinoise , chargrilled vegetable stacks	£17
<b>FREE RANGE CHICKEN BREAST</b> stuffed with wild mushroom and stilton, wrapped in pancetta, potato rosti, seasonal veg and a creamy white wine & chorizo sauce	£15
<b>BEER BATTERED FISH &amp; CHIPS</b> with tartar sauce and peas	£12
<b>PAN FRIED HAKE FILLET</b> , king prawns on a bed of mint pea risotto	£16
<b>HONEY ROAST HAM</b> , fried egg, baby leaves & chips	£12
<b>PLOUGH STEAK BURGER</b> , relish & chips (add bacon, stilton or mushrooms £1 extra each)	£12
<b>RISOTTO</b> , Pea, mint, broad beans, asparagus with parmesan biscuits	£11
<b>RATATOUILLE</b> , spinach, feta cheese, streudel, battered baby potato, mixed salad leaves, white wine sauce	£11

### From the grill

<b>8OZ FILLET</b>	£25
<b>8OZ RIBEYE</b>	£20

*Add a choice of peppercorn or stilton white wine sauce for £3. All steaks are served with grilled tomato, mushroom & chips*

### See today's specials board

#### Sides

Chips	£3
Cheesy Chips	£4
Seasonal Veg	£4
Homemade Chef's Garlic Bread	£3
Homemade Chef's Cheesy Garlic Bread	£4

If you have any dietary requirements or allergies, please advise one of our team when ordering

**FOOD ALLERGY NOTICE. PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN THESE INGREDIENTS: MILK, EGGS, WHEAT, SOYBEANS, PEANUTS, TREE NUTS, FISH AND SHELLFISH**